Active Learning provides a structure within which students can explore issues and form their own judgments through a variety of learning strategies.

Active learning is about engaging with and getting to the root of peoples’ attitudes, values and beliefs. It requires the setting up of a very supportive climate, as it is very challenging to talk about one’s values and beliefs, especially within a context where others do not share these.

This exploratory work should come from the teachers and students own values and experiences. There is a need to ensure that real learning impacts on what is happening.

It is about:
- Respect and esteem
- Co-operation
- Embracing diversity
- Building up confidence
- Tolerance

Students are encouraged to:
- Participate
- Think for themselves
- Be responsible
- Self-evaluate
- Negotiate
- Problem solve
- Listen
- Work together

The role of the teacher is to:
- Facilitate  
  Link: Facilitation
- Negotiate  
  Link: CDP
- Reflect  
  Links: Reflective Journals
  Reflection and Evaluation
- Discuss  
  Links: Group work
  Structured Discussion
- Explore different methodologies and strategies for learning

The teacher needs to ensure that through active learning the students are involved in the negotiation of issues and are asked to examine their values and beliefs against those of others, but from the others perspective.